

CINCINNATI Highland Dancers



GIRL SCOUTS Scottish Dancing Workshops

Earn Badges!
Brownie—Dancer
Junior—Practice with Purpose
Senior—Troupe Performer

Scottish Highland Dancing is . . .

Highland dancing is a style of dancing developed in Scotland in the nineteenth century however its origins date back over 2,000 years. Many dances have historical significance. It is often performed to the accompaniment of Highland bagpipe music. Highland dancing is considered a sport in Scotland and has millions of dancers competing and performing across the globe.

Workshops

Workshops can be anywhere from 1-2 hours in length and can be geared to the badge levels above or other troop goal. Scottish dancing is a great activity for all ages of Scouts. Workshop may include the following:

- Warm-Up
- Scottish Social Country Dancing
- Basic Movements of Highland Dancing
- History of Our Dances and what we wear
- Highland Fling
- What it takes to perform and compete
 - Choreography
 - Games to learn and practice
 - Cool Down



Cost: \$10 per person

Attire:

Tank Top, Shorts, Gym Shoes
If you have them: Knee High Socks,
Ballet Shoes

Location:

Celtic Corner
502 Old State Route 74, Cincinnati, OH 45244

Benefits

There are many benefits to highland dancing including improved self confidence, coordination and fitness.



Contact Information:

To set up a time & place, contact Louise Reid:

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513-226-1838

CincyHighlandDancers.webs.com